



CROESYCEILIOG AND LLANYRAFON COMMUNITY COUNCIL
CYNGOR CYMUNED CROESYCEILIOG a LLANYRAFON
Caring for the Community

Notes of the Local Community Resilience Committee held on
Wednesday 19th April 2025 at 5.30pm
Council Chamber, Woodland Road Sports & Social Centre, Croesyceiliog

Present:

Cllr M Price (Chair)

Cllr J Boycott

Sian Davies (Clerk)

Gareth Cook, Head of Health Determinants Research Collaboration (HDRC)

David Leech, Strategic Director: Adults & Communities (TCBC)

Jordan Everett, HDRC Officer

NB: These are notes only, as the Committee was not quorate, but it was agreed that as Gareth Cook was in attendance and had information regarding the results of the HDRC recently undertaken survey, that this was an opportunity for the information to be presented. No decisions could be made.

1. Apologies for absence:

Cllrs V Williams, V Crick, David Williams

2. Declarations of Interest:

Cllr M Price – Hwb, Community Garden

Cllr J Boycott – Community Garden

3. Minutes:

- 3.1 Minutes of the Local Community Resilience Committee Meeting held 19.03.25 could not be approved as an accurate record and will be presented to the next quorate LCRC meeting for approval.

Unresolved: Members unable to approve.

- 3.2 **Matters Arising from the Minutes of the Local Community Resilience Meeting 19.03.25:**
Not discussed

4. Items for Discussion

4.1 Recent HDRC survey findings – Gareth Cook:

Gareth summarised the report which was circulated to Committee Members. This described the findings of the survey recently completed. He asked that if the Committee could find any subject which was not currently being included in the report, to advise him and items could be added.

The report concentrated on local and national initiatives helping to support residents in Council's wards with regard to the previously discussed topic of resident health. Data from Trosnant Lodge GP surgery highlighted cardiovascular disease, mental ill-health and acid reflux issues as common conditions being presented at the surgery. The report highlighted the organisations already working in these areas and what they were offering.

It was suggested that the Committee consider what additional help it could offer and how that could be delivered. Also, to consider how to reach those who would not usually know of or seek out assistance without encouragement.

It was thought training could play a big part, such as teaching local employers how best to support its employees, also training food share organisers and other pertinent organisations with resident-facing profiles. David Leech mentioned a very good training programme called Mental Health First Aid which could perhaps be offered.

It was noted that 'mental health illness' was becoming a buzz phrase used, but not always in the right context. That some, especially young people, tended to use the phrase to describe other issues which are not necessarily diagnosable mental health issues, such as loneliness or feeling low. That more education is needed to understand the difference which will help to address a person's specific needs.

Gareth agreed to obtain more local statistics for mental health and cardiovascular issues being suffered by the Council's residents, as Trosnant figures encapsulated a wider range than hoped for. It was agreed that if the local Llanyrafon Surgery could provide statistics, this would give a better picture as they would most likely be only residents of Croesyceiliog and Llanyrafon. It was agreed that the highlighted acid reflux issue was often being highlighted but was probably prescribed to counteract the effects of prescribed drugs given for other reasons. This was not thought to be a separate large issue of its own.

Gareth suggested he seek more information on the impact of the support being given at present, and map where help is currently being offered from. If a clear picture could be obtained, there may be a gap to plug - such as extended support. It was realised that most organisation's support is limited by a shorter timescale than some need.

Gareth is to compile a survey using the bullet pointed items in his HRDC report to list pertinent questions to ask local residents. From this, it is hoped that statistics can provide the areas needing additional support and require assistance in plugging the provision gap. Once compiled, he will forward the suggested survey questions to the Clerk for cascading to Members so it can be discussed at the next available FC meeting to approve.

Also noted:

Schools have access to screen pupil's mental health using online software.

Hwb is almost ready to begin the prescription ordering initiative.

The meeting at the Newport project discussed at the last meeting is to take place soon.

6. Any Other Business:

None

Date of Next Meeting

Local Community Resilience Committee – TBC
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There being no further business to discuss, the meeting was concluded at 6.10pm

Signed:..... (Chair) – 18.06.25