

CROESYCEILIOG AND LLANYRAFON COMMUNITY COUNCIL CYNGOR CYMUNED CROESYCEILIOG a LLANYRAFON Caring for the Community

Minutes of the Local Community Resilience Committee held on Wednesday 19th March 2025 at 6pm Council Chamber, Woodland Road Sports & Social Centre, Croesyceiliog

Present: Cllr M Price (Chair) Cllr S Matthews

Cllr D Williams Cllr D Dewar

Kelly Lewis, Administrator

Gareth Cook, Head of Health Determinants Research Collaboration (HDRC)

David Leech, Strategic Director: Adults & Communities (TCBC)

Rhiannon Bennett, TCBC

Dan Oliver, Hwb

Jo Lloyd and Clare Taylor, TVA Alexis Williams and Jordan, ABUHB

1. Apologies for absence:

Cllrs J Boycott, V Williams, V Crick

2. Declarations of Interest:

Cllr M Price – Hwb, Community Garden Cllr S Matthews – Congress Theatre, Friends of Bruchsal David Williams - TCBC

3. Minutes:

3.1 Minutes of the Local Community Resilience Committee Meeting held 19.02.25 were approved as an accurate record.

Resolved: Members approved.

3.2 Matters Arising from the Minutes of the Local Community Resilience Meeting 19.02.25:
None

4. Items for Discussion

4.1 Statistics on resident health, age profiles, transport, public health, primary care & therapies: Cllr Price welcomed the attendees from TVA and ABUHB invited by David Leech and summarised the key discussion points from the previous meeting and how the request for data was to determine whether the needs of the community supported the council's concerns relating to resident's needs in healthcare. Gareth Cook shared the data with members, which had been collated by the performance team. It was explained that the data was obtained from Trosnant Lodge surgery and related to medication groups and the numbers prescribed to patients between the dates of January – December 2024, which broadly depicted the medication prescribed, but it was not clear what the individual ailments were.

Cllr Price requested that the data to be sourced from the date that the Croesyceiliog surgery closed and when local residents were relocated to Trosnant Lodge surgery, including an overlay of local postcodes to gain a clearer picture of local residents prescribed medications, and suggested that the data from primary care compared to local data from secondary care received at the Grange Hospital may detail whether patients are likely approaching secondary care for health needs rather than travelling to primary care at Trosnant Lodge due to the distance, as described as an issue by some residents, which was supported by David Leech and ABUHB members. It was agreed this may help committee members to determine how residents are accessing healthcare and what type, which will help to build a clearer picture and to determine how the committee are best to proceed with the project plans.

Gareth Cook advised members that the HDRC team had also looked at areas across Europe to determine why patients attend GP surgeries, and the outcomes aligned with the data sourced from Trosnant Lodge, with cardiovascular concerns being the major driver of prescribed medication.

TVA notified members that they had recently conducted a community project to support cardiovascular health in 3 local areas which focussed on different demographics where cardiovascular checks were conducted, information and advice was shared, and GP referrals were provided where needed. The project was well attended. Dan Oliver, Hwb asked that the evaluation of the project is shared as it may be an opportunity to consider as part of the project and could also coincide with the prospect to promote local opportunities including exercise groups.

Members were reminded that the raw data is not specific and to consider further considerations such as that some medication may treat more than one medical issue, and so the data may not be a true reflection. Cllr D Williams suggested that the postcode breakdown would be helpful to determine how the data affects the local community, and that as the data gives a flavour of a presenting need for medication, drilling into the highest medication grouping provides an opportunity on how to best plan for projects to support the community. Cllr Williams suggested information relating to the NERS exercise referral scheme could be helpful, and whether it is followed up, and how NERS could be promoted through projects.

Cllr M Price also requested data is collated relating to residents who attend Llanyrafon surgery. David Leech suggested looking at what community interventions have already been done to support the community, and Gareth Cook suggested some interventions may benefit more than one area of concern, for example a walking group may support both cardiovascular and mental health concerns.

Members from ABUHB advised members of the neighbourhood care network who are a cluster of GP practices who work together on health programmes, and have conducted casework in hypertension, considering how they can work together as a primary care response.

Cllr M Price advised members of a recent publication relating to a recent project in Newport, set up as ain independently funded CIC, which was confirmed by ABUHB members as 19 Hills Health and Wellbeing Centre, who agreed the project is successful project built on similar models in Blaenavon, and originally Tredegar, and offered to facilitate an introduction to the centre, and suggested it would be worth visiting. Other members were also keen to visit.

Cllr M Price concluded that the data already collated was a positive starting point, and that the additional data requested will support the committee in pinpointing how to drive the project, but that smaller projects are also being introduced at Hwb. Dan Oliver advised members that starting in April, Hwb aim to begin their prescription project as previously discussed, which will offer the community a service which will facilitate and coach residents how to access online prescriptions, that will also provide a link to residents and allow an insight into the needs of residents and how best to support them. Cllr M Price also advised that Hwb has space available for projects once the works are completed, with only minor disruption whilst works are undertaken. ABUHB members suggested surveys offered within the community may help to capture further health information.

It was agreed that in the meantime agencies will continue to communicate, and that TVA will consider community groups that may benefit from liaising with Hwb.

5. Any Other Business:

None

6. Date of Next Meeting

Local Community Resilience Committee - TBC

There being no further business to discuss, the meeting was concluded at 6.10pm

Signed: (Chair) – 30.04.25	